

DIRECTIONS

1 - 4 tablets with meals / before and after workout.

AMINO ACIDS are the building blocks of all proteins - muscle, skin, hormones, enzymes, antibodies etc. The most important aspect of a supplement is its amino acid 'profile'.

Having high potency is not enough - the amino acids must be present in the right ratio.

There has been some debate over which is the best form to take.

'Free form' amino acids consist of single amino acids on their own.

'Peptide bound' means a few joined together in a short chain.

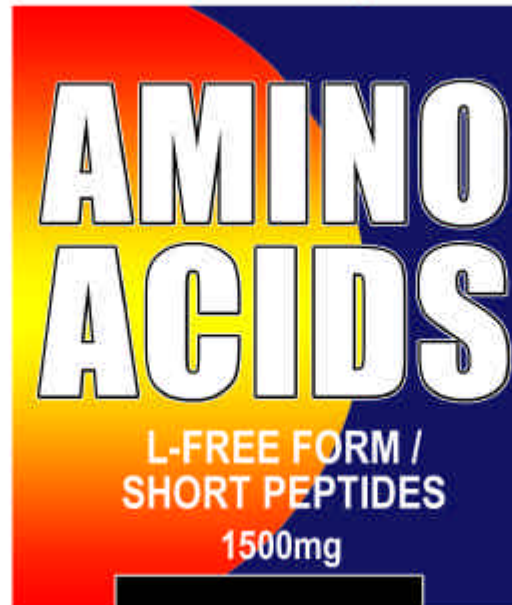
This supplement contains both, and includes all the essential and branched chain amino acids which cannot be made by the body.

Contains no synthetic tryptophan.

NUTRISPORT

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INGREDIENTS

Pancreatic digest of casein, containing free form and peptide bound L-amino acids:

Lysine*	100.8mg
Histidine	68.7mg
Arginine	34.8mg
Aspartic Acid	132.7mg
Threonine*	52.3mg
Serine	82.7mg
Glutamic Acid	297.5mg
Proline	150.2mg
Glycine	62.5mg
Alanine	53.8mg
Cystine	26.1mg
Valine*+	115.0mg
Methionine*	36.5mg
Isoleucine*+	97.0mg
Leucine*+	82.5mg
Tyrosine	37.8mg
Phenylalanine*	82.5mg
Tryptophan*(natural source)	42.4mg

*ESSENTIAL AMINO ACIDS

+BRANCHED CHAIN AMINO ACIDS

Other ingredients: Starch, Vegetable stearine, Cellulose